Facilities

The Sports Injury Service benefits from the extensive range of facilities at the orthopaedic hospital, including:

- Unique ultra clean air theatre complex
- Purpose designed Day Case Unit
- Specialist sports physiotherapy, gym and hydrotherapy pool
- Enhanced recovery knee surgery
- Cell regeneration laboratory
- Latest 3T MRI, plus CT and Isotope bone scanners
- Bone Mineral Densitometry
- Institute of Orthopaedics (teaching and research)
- ORLAU Rehabilitation and Gait Laboratory
- Orthotics - manufacturing and clinical service
- Private Patients’ Wing

Referrals

We request that referrals are faxed or emailed specifically to the Sports Injury Service, rather than to a particular Consultant. Fax: 01691 404052

Appointment Contacts

Mr Simon Roberts  
Tel: 01691 404094  
Email: Jane.niccolls@rjah.nhs.uk

Mr Pete Gallacher  
Tel: 01691 664849  
Email: stacey.richards@rjah.nhs.uk

Mr Andrew Barnett  
Tel: 01691 404167  
Email: sue.handy@rjah.nhs.uk

Clinics

Weekly clinics at Oswestry and monthly in North Wales and Cheshire.

Further information

Surgical queries: Sister Kanes on Helpline: 01691 404165  
www.rjah.nhs.uk/Our-Services/Sports-Injuries.aspx

The Robert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust,  
Oswestry, Shropshire SY10 7AG  
Tel: 01691 404000  
www.rjah.nhs.uk  
Email: enquiries@rjah.nhs.uk  
Fax: 01691 404052
Purpose
The clinical team aims to provide a first class service in the prevention and treatment of sports related health problems, irrespective of age or ability.

Types of Injury
Whilst the reputation of Oswestry Sports Injury Services is grounded in the treatment it provides to professional sportspeople, those involved with sport at any level are welcome to access our NHS or private facilities.

Examples of injuries treated from a wide range of sporting activities include meniscal and ligament problems of the knee, shoulder disorders in contact, throwing and racquet sports, groin dysfunction in football players and foot & ankle problems in runners.

Research
Clinical research links exist between the Institute of Orthopaedics and several Universities. In the sports injury field specifically, strong ties have been developed with Queen Margaret College, Edinburgh, the University of Exeter and The Football Association. The sports research programme includes:

- assessment of anterior ligament strain during dynamic physical activity
- the effect of acute endurance exercise on performance of the knee joint and joint injury
- control of joint stability with regard to protection from injury
- effects of muscle fatigue on joint performance and injury
- cartilage cell regeneration
- bio-absorbable implants
- rehabilitation

Clinical Team
Sports Injury Consultants
Mr Simon Roberts MA, BM BCh, FRCS(Orth), FFSEM(UK)
After qualifying from both Oxford and Cambridge Universities, followed by specialist fellowships in Europe, Australia and the USA, and his consultant appointment in Oswestry in 1999, Simon Roberts has extensive experience across a broad range of sports injuries.

His particular interest is minimally invasive surgery for joint instability, cartilage and ligament regeneration in the knee, shoulder & ankle.

Mr Pete Gallacher, MBChB FRCS (Orth)
Prior to his consultant appointment in 2012, Pete Gallacher underwent orthopaedic training on the Oswestry programme, training under Mr Dai Rees and Oswestry’s sports injury team, before undertaking fellowships in Sheffield and the BASK travelling fellowship in Europe.

His areas of interest are sports injuries of the knee, cartilage regeneration, ligament reconstruction and the young arthritic knee.

Mr Andrew Barnett MB BS, MRCS(Ed), FRCS (Orth)
Andrew Barnett has undertaken fellowships in Knee reconstruction in Oxford (UK), Exeter (UK), Sports Surgery in Sydney (Australia) and Trauma Fellowship at Frenchay Hospital in Bristol (UK), before joining the sports injury team as a consultant in 2012.

His clinical interests include sports injuries of the knee, ligament reconstruction, cartilage regeneration, patellofemoral instability, partial and total knee replacement.

Clinical Nurse Practitioner
Sister Gaynor Kanes, RGN NFAS
Following a long career as a theatre nurse Gaynor has expanded her practice into the field of Sports Injury, and now works as a Clinical Nurse Practitioner with the team, providing patient support throughout the surgical cycle.

Sports Injury Physiotherapists
Ms Andrea Bailey GradDipPhys MCSP SRP
Andrea qualified from Leeds University in 1992. Since this time she has worked with a number of professional and semi professional sports teams from gymnasts to football players. Andrea is active in current areas of research and has written and published many evidence based knee rehabilitation protocols.

Ms Jane Leah BSc(Hons) MCSP SRP
Since qualifying from Salford University in 1994, Jane has gained wide experience in the treatment of sporting injuries. From working with both senior and junior professional football teams, Jane has specialist knowledge not just in the adult but also the adolescent sportsperson.